

VOLUNTEER ROLE DESCRIPTION

Position:	Singing for Recovery Assistant
Department:	Learning and Participation
Location:	The Learning Centre Good Vibes Music Academy Winchcombe House 123-126 Bartholomew Street Newbury RG14 5BN
Time Commitment:	2 hours per week – Fridays 9:30am – 11:30am Autumn 2024 term dates: 27 th September 4 th , 11 th , 18 th , 25 th October 8 th , 15 th , 22 nd , 29 th November 6 th December

About Singing for Recovery

Singing for Recovery is led by soprano Claire Bessent who uses vocal warmups and group singing to promote relaxation and to help build the confidence needed for recovery. These sessions focus on wellbeing and are suitable for anyone wanting to sing in a relaxed and friendly environment with support and guidance from a professional singer.

Singing for Recovery is kindly funded by St. James's Place Charitable Foundation.

Responsibilities

- Setting up the Learning Centre for weekly Singing for Recovery sessions (including pulling out the piano, putting out chairs and setting up the tea/coffee table).
- Assisting Claire throughout the sessions by taking a register, handing out song sheets, and letting in latecomers.
- Supporting participants, whether through song, with a chat, or by getting them a hot drink.
- Putting away the tea/coffee table, chairs, and piano at the end of each session. Hoovering after taking down, if necessary.
- The participants attending Singing for Recovery sessions are often those who are dealing with mental health recovery. In addition to practical support, the role of the assistant is also to support the individuals attending with a positive attitude, lending an ear to worries and escalating any concerns to the Corn Exchange team.

Provided Training and Support

- You will attend an induction to the role, including an overview of the Corn Exchange's core values
- Training opportunities will include fire evacuation training, Safeguarding training, and an introduction to mental health awareness.
- A member of the Learning and Participation team will be around if you need support, and they will also meet you to open and close the building/Learning Centre.

Skills, Qualifications and Personal Attributes

- Manual handling (capacity to set up chairs, coffee table, move piano)
- DBS certificate (required) – the Corn Exchange can support a new application if you don't already have this.
- Dementia Friend training (helpful, not required)
- Enjoyment of music
- Good listener
- Sense of humour
- Compassionate
- Personal resilience (i.e. ability to deal with emotional conversations)

General

- To demonstrate a commitment to the Corn Exchange Trust's core values
- Work with Corn Exchange staff to ensure best possible service to all stakeholders
- Publicly represent the Corn Exchange in a prepared and professional manner
- Maintain confidentiality at all times
- Create a friendly and welcoming atmosphere for everyone involved in the projects
- To be fully aware of safeguarding and access policies and to comply with their principles at all times

Expression of Interest

If interested in the role, please send your expression of interest by email to our Funded Projects Officer, Louise Ashdown, at louisea@cornexchagnenew.co.uk

Closing date for applications: Friday 30th August 2024

Shortlisted applicants will be contacted for an informal meeting to be held in September 2024.