

## MINDCRAFT

### Win a free creative arts and wellbeing workshop for your class!

In honour of **World Mental Health Day**, on 10 October, Corn Exchange Newbury are launching a competition for the primary classroom to **raise awareness of mental health and promote mentally healthy brains!**

We're challenging children in Years R-6 to **decorate a brain** with activities and ideas for keeping **mentally healthy and happy.**

Your brain can be decorated with **drawings or writing or both.** You may use **colouring pencils, oils, watercolours, collage, chalks or paints!**

We'd love to see entries that promote the 5 ways to wellbeing: **Be Active, Connect, Keep Learning, Give and Take Notice.**

The winner will **win a free 1-hour creative arts and wellbeing workshop for their whole class!**

The workshop will take place **in-school** with one of our theatre and education professionals, scheduled in partnership with the winner's class teacher at a mutually convenient time during the Autumn term 2021.

You can download a **MINDCRAFT** brain template, entry form and accompanying teacher's notes from our website at:

**[www.cornexchangenew.co.uk/mindcraft](http://www.cornexchangenew.co.uk/mindcraft)**

The deadline for entry is midday on **Friday 1 October 2021.**

The winners will be decided by the Corn Exchange **Wellbeing Group** and announced on our website and social media on World Mental Health Day, **Sunday 10 October.**

Please submit your entry by email to: [getinvolved@cornexchangenew.co.uk](mailto:getinvolved@cornexchangenew.co.uk)

(If you are submitting multiple entries, for example a class of 30 children, you only need to complete one entry form and please save their entries as one PDF document.)

If you have any questions, please contact a member of our **Learning and Participation** team on:

**01635 582 666 (option 3)**

